

IAN DOGOLE

QUINTA ESSENTIA

Spirit Music for Healing & Uplift



1. Togo 9:05

(Traditional/Ed Blackwell; arr. Ian Dogole)

Ian Dogole – djembes, floor tom, hand drum, splash cymbal, ankle bells
Sheldon Brown – tenor saxophone
Richard Howell – soprano saxophone
Henry Hung – trumpet
Fred Randolph – double bass

2. Sun Song 10:03

(Leon Thomas; arr. Ian Dogole) Nuwaupu Publishing/ASCAP

Ian Dogole – udu, cymbals, shakers
Sheldon Brown – tenor saxophone
Richard Howell – vocals
Frank Martin – piano
Fred Randolph – double bass

3. Svoboda 8:21

(Ian Dogole & Moses Sedler) Global Fusion Music/BMI, Violoncello Music/ASCAP

Ian Dogole – kalimba
Moses Sedler – cello

4. Nubian Dreams (for Hamza el Din) 5:02

(Ian Dogole) Global Fusion Music/BMI

Ian Dogole – djembes, floor tom, maracas llaneras, hand claps, vocals
Yassir Chadly – vocals, gimbri
Richard Howell – soprano saxophone, vocals

5. The Gathering 7:31

(Randy Weston; arr. Ian Dogole) Tarik Music, administered by Mayflower Music/ASCAP

Ian Dogole – djembes, floor tom, hand drum

Sheldon Brown – tenor saxophone
Yassir Chadly – vocals
Richard Howell – soprano saxophone
Frank Martin – piano
Fred Randolph – double bass

6. Trane Tracks (Incl. Equinox) 5:56

(Ian Dogole/John Coltrane) Global Fusion Music/BMI, Jowcol Music/BMI

Ian Dogole – hang

7. Reflections by the Bay (Window) (for Bill Douglass) 6:40

(Ian Dogole) Global Fusion Music/BMI

Ian Dogole – cajon, heck stick, splash cymbal
Sheldon Brown – bass clarinet
Henry Hung – trumpet
Fred Randolph – double bass

8. Quince y Cuatro 2:58

(Ian Dogole) Global Fusion Music/ BMI

Ian Dogole – Sundrum
Richard Howell – tenor saxophone

9. United 7:04

(Wayne Shorter; arr. Ian Dogole) EMI Unart Catalog Inc/BMI, GEMA

Ian Dogole – talking drum, maracas llaneras, djembes, floor tom, hand drum, cymbals
Sheldon Brown – soprano saxophone
Richard Howell – tenor saxophone
Frank Martin – piano
Fred Randolph – double bass

Quinta Essentia Notes

Quinta Essentia (Latin for Fifth Essence or Quintessence) evokes the presence of an element that transcends the four common physical elements of earth, water, air and fire and exists in its purest form – aether.

Quinta Essentia presents a panoramic view, featuring music that stretches beyond traditional categories. While much of the recording draws inspiration from innovators of what is conveniently called Jazz (such as Randy Weston, John Coltrane, Wayne Shorter, Ed Blackwell and Leon Thomas), cross-cultural influences and instruments from Africa, South America and Europe spice up the proceedings throughout.

Togo

The opening piece, *Togo*, a traditional song adapted by drummer Ed Blackwell, was introduced by the transcendent and under-acknowledged band **Old and New Dreams**, back in 1979. The rhythmic drive of this piece is hypnotic, fueled by the hand drums of percussionist **Ian Dogole** and the ostinato bass lines of **Fred Randolph**. The solos by tenor saxophonist **Sheldon Brown**, trumpeter **Henry Hung** and soprano saxophonist **Richard Howell** capture the spirit of the original while energetically riding atop the rhythmic waves.

Sun Song

Sun Song, by pioneering vocalist **Leon Thomas**, was originally recorded in 1985 on the late Pharoah Sanders' recording *Shukuru*. On this version, **Ian Dogole** wrote an intro that reflects the transition from darkness to light before setting up the groove on the udu (Nigerian clay pot). The piece features **Richard Howell** on vocals, with solos following by **Sheldon Brown** on tenor saxophone, **Frank Martin** on piano and Ian on udu.

Svoboda

Svoboda (freedom in Ukrainian), is co-composed by Ian (on kalimba) and cellist **Moses Sedler**. This piece is an episodic, multi-movement, multi-meter excursion that acknowledges the tragedy and suffering of the Ukrainian people while celebrating their defiance and heroism.

Nubian Dreams

Nubian Dreams is an homage to the late, legendary Nubian musician, Hamza el Din, with whom Ian collaborated on McCoy Tyner's composition, *Message from the Nile* (from Ian's CD *Night Harvest*). Ian was a part of Hamza's performing ensemble in the early 2000s. Joining Ian on djembes, maracas llaneras, handclaps and chanting is **Yassir Chadly** on vocals and gimbri and **Richard Howell** on soprano saxophone and chanting.

The Gathering

The Gathering, by the late pianist and composer **Randy Weston**, offers an Afro-infused performance of this buoyant piece. Randy was very generous in his support of Ian's *Afro-Weston* tribute concert in 2016 and *The Gathering* was one of the many handwritten charts that Randy sent to Ian in preparation for the concert. A Moroccan street procession starts off the proceedings, followed by **Yassir Chadly** singing in Arabic and Ian playing the djembes and maracas llaneras. The body of the tune follows with riveting solos from **Sheldon Brown** on tenor saxophone, **Richard Howell** on soprano saxophone and **Frank Marin** on piano.

Trane Tracks

Trane Tracks is a tribute to **John Coltrane**, performed by Ian on the hang, a Swiss melodic percussion instrument. The opening rubato section and the ensuing upbeat groove evoke Trane's composition *Olé*. The track ultimately segues into Trane's well-known piece, *Equinox*.

Reflections by the Bay (Window) (for Bill Douglass)

Reflections by the Bay (Window) (for Bill Douglass), pays tribute to Ian's long-time collaborator **Bill Douglass** (bass/bamboo flutes). The title is also a reference to an annual house concert series, *Jazz by the Bay (Window)*, which Ian played annually for more than twenty years until the pandemic struck. The groups for these concerts almost always featured two horns, bass and percussion. On this piece, Ian plays the cajon with a "heck stick" and a splash cymbal, **Sheldon Brown** plays bass clarinet, **Henry Hung** plays trumpet and **Fred Randolph** plays double bass. The mix was conceived to simulate the experience of an audience member sitting about 10 feet away from the musicians in a house-concert setting, thus a sound field with minimal reverb.

Quince y Cuatro

Quince y Cuatro features Ian on the Sundrum, a melodic percussion instrument from Sweden that can be tuned down to the microtone. This improvisational duet features **Richard Howell** on tenor saxophone. The title refers to the two meters that go back and forth throughout the tune.

United

On *United* by **Wayne Shorter**, Ian adds intro/outro sections featuring the African talking drum, djembes/bass tom and maracas llaneras. Energetic solos by **Sheldon Brown** on soprano saxophone, **Frank Martin** on piano, **Richard Howell** on tenor saxophone and **Fred Randolph** on double bass enliven the performance.



Producer - Ian Dogole

Recording Engineers - Gabriel Shepard, [25th Street Recording](#) and Ari Rios, [Laughing Tiger Studios](#)

Mix Engineer - Warren Kahn, [The Banquet Sound Studios](#)

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From Ian - Thanks to all the donors who made this project possible. Major donors include Anonymous, Luke Alessandrone, Jonathan Pharazyn (RIP, my brother), John McCarthy, Ted Robinette, Jon Hart, Tom Williams, Steven Halpern, Steve Brock, Peter Engelbach, Alec Arader, Joe Paulino and Mike Tollin. I'm deeply grateful to every one of you.

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